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**“OUR MISSION IS TO PUT CHRISTIAN  
PRINCIPLES INTO PRACTICE  
THROUGH PROGRAMS THAT BUILD  
HEALTHY SPIRIT, MIND, AND BODY  
FOR ALL.”**

Membership For All helps to ensure that everyone belongs  
at the YMCA regardless of income level.

GREATER GREEN BAY YMCA | [www.greenbayymca.org](http://www.greenbayymca.org) | 920 436 9622



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**BE STRONG.  
BE BOLD.  
BE UNSTOPPABLE.**

**Boys Night Out**

**EAST SIDE & WEST SIDE YMCA  
5<sup>TH</sup> & 6<sup>TH</sup> GRADE BOYS | 7-WEEK PROGRAM**

## WHAT IS BOYS NIGHT OUT?

Boys Night Out is a 7-week program for 5<sup>th</sup> and 6<sup>th</sup> grade boys. Meet weekly with other 5<sup>th</sup> and 6<sup>th</sup> grade boys, YMCA staff, and adult male volunteers to discuss topics, have fun, and take part in exciting activities.

### ACTIVITIES

- ▶ Swimming
- ▶ GaGa
- ▶ Parkour/Ninja
- ▶ Self defense
- ▶ Games
- ▶ Strength training & more!

### TOPICS EXPLORED

- ▶ Life skills
- ▶ Transition to 6<sup>th</sup> grade/middle school
- ▶ Positive peer relationships
- ▶ Healthy choices
- ▶ Leadership & team building

## HOW DO I SIGN UP?

Drop off your completed registration form and \$40 at any Green Bay YMCA or register online prior to the start of the program.

#### EAST SIDE

Tuesdays  
Oct 31 – Dec 19  
6:15–8:15pm



#### WEST SIDE

Thursdays  
Nov 2 – Dec 21  
6:15–8:15pm



## OVERNIGHT CAMP | December 16 & 17, 2023

At the end of the program the boys will celebrate with an overnight trip to YMCA Camp U-Nah-Li-Ya in Mountain, WI. Transportation, meals, and lodging are provided. Overnight Camp is optional with an additional fee of \$40.

#### EAST SIDE



#### WEST SIDE



Boys Night Out is open and welcoming to all 5<sup>th</sup> and 6<sup>th</sup> grade youth regardless of gender identity or expression.

#### Questions?

EAST SIDE: Contact [Patti](#) at 920.436.1211 or [Patti.ross@greenbayymca.org](mailto:Patti.ross@greenbayymca.org)

WEST SIDE: Contact [Terry](#) at 920.436.9656 or [terry.brennan@greenbayymca.org](mailto:terry.brennan@greenbayymca.org)

## BOYS NIGHT OUT REGISTRATION FORM

First Name

Last Name

Date of Birth

Street Address

City

Zip

Phone

Family/Adult Email Address

School

Contact Name Parent/Guardian

Contact Phone

YMCA Member? ☐ YES ☐ NO

**Program** – check appropriate box

☐ East Side Y Tuesdays Oct. 31 – Dec. 19 (no program Nov. 21) 6:15–8:15 pm

☐ West Side Y Thursdays Nov. 2 – Dec. 21 (no program Nov. 23) 6:15–8:15 pm

**OVERNIGHT CAMP: December 16 & 17, 2023 | Additional Fee \$40**

**Attending overnight camp?** ☐ YES ☐ NO

You must participate in the current session of BNO to attend camp.

You may register at anytime during the program for Overnight Camp.

#### PHOTO RELEASE

I give permission for promotional photographs to be taken of my child. Photos may be used in print, news or online sources of the YMCA or partner agencies.

(Names or identifying information of the child will not be use in association with any photograph) ☐ YES ☐ NO